## Challenge Walk MS 2016 Weekend Itinerary

All locations are at Alpine Lodge unless otherwise noted.

### Thursday, September 15

6:30 – 9:30 p.m.	<b>Check-in for Challenge Walk MS 2016</b> (Walkers, Super Crew and Crew) Enjoy a cash bar and free snacks in the Yodel Inn (inside Alpine Lodge)
4 – 9 p.m.	Drop off your Silent Auction or Cash & Carry items
7 p.m.	Meeting for all first-time participants (Alpine Lodge)

# **3 DAYS** 50 MILES CONNECT TO END MS

#### Friday, September 16

6:15-7:10 a.m.	Breakfast available (\$10 per person)	
6:45-7:20 a.m.	Check-in open Drop off your half-day bag – look for	the van outside of the Yodel Inn
7:10-7:25 a.m.	Get your seat on the bus for the ride	to the start line
7:25 a.m.	Bus leaves for the start line at Clark I	Park in Fish Creek
7:45-8 a.m.	Arrive at Clark Park, take a group photo and participate in the Challenge Walk MS 2016 Opening Ceremony	
8 a.m.	Challenge Walk MS 2016 officially k	pegins!
10 a.m1 p.m.	Lunch, catered by Door County's ico Parlor, is served at Ephraim Village F	nic Wilson's Restaurant and Ice Cream Iall
10:30 a.m1 p.m.	Transportation available from Ephrai who completed 10 miles	m Village Hall to Alpine Lodge for those
1 p.m4:45 p.m.	Transportation available from the Finish Line at Door County Brewing Co. to Alpine Lodge for those who completed 20 miles.	
4:30 p.m.	Day One Route closes (Finish Line at	Door County Brewing Co.)
2 p.m6 p.m.	Massages available	
4 p.m6 p.m.	Silent Auction and Cash & Carry Boutique are open	KEEP YOUR FEET HAPPY! Professional medical care is available
4 p.m10 p.m.	Cash bar available in the Yodel Inn	each day to prevent and treat blisters and provide non-emergency first aid.
4:30-6:30 p.m.	Dinner Buffet is open	Look for the medical area at Alpine
7-8 p.m.	Evening Program	Lodge each morning and afternoon/
8:30-10 p.m.	Massages available	evening, and for the medical vans along the route each day.

#### Saturday, September 17

6:15-8 a.m.	Breakfast available (included in registration fee)
7:30-8 a.m.	Drop off your half-day bag – look for the van outside of the Yodel Inn
8 a.m.	Route opens – Look for the start line at the North end of Alpine Lodge
10 a.m1 p.m.	Lunch, catered by Thyme Catering, is served at Jacksonport Ball Field
10:30 a.m1 p.m.	Transportation available from Jacksonport Ball Field to Alpine Lodge for those who completed 10 miles
1-5 p.m.	Free snacks in the Lodge lobby
2-6 p.m.	Massages available
4-6 p.m.	Silent auction and Cash & Carry Boutique open
4-10 p.m.	Cash bar available
4:30 p.m.	Day Two Route closes (Finish Line at Alpine Lodge)
4:30-6:30 p.m.	Dinner Buffet is open
6:45 p.m.	Silent Auction closes
7:00-8:00 p.m.	Evening program with Dr. Haley Titus
8:00 p.m.	Silent auction winners announced
8:30-10:00 p.m.	Massages available

#### Sunday, September 18

7:00-8:00 a.m.	Breakfast available (included in registration fee)
7:30-9:00 a.m.	Room check-out <b>Route opens</b> – Look for the start line at the North end of Alpine Lodge
10-11 a.m.	Appetizers at Horseshoe Bay Golf Club for Walkers, Super Crew and Crew
11 a.mNoon	Lunch for Walkers, Super Crew and Crew at Horseshoe Bay Golf Club
12:30 p.m.	Victory Walk to E. Murphy Park – all participants walk the Final Mile TOGETHER
12:35 p.m.	Celebrate at the Official Finish Line – invite family and friends to meet you!
	Transportation available back to Alpine Lodge

## The event will challenge you. The experience will change you.